

# Take us home



CLIMATE ACTION IS  
MORE THAN  
TICKING BOXES.



You can start changing your life and making a difference the **minute** you walk through your front door. Every littlest change you make matters, however small it feels. Every change snowballs from the moment you first make it.

Making changes is easy, there's **so** many ways to do it. **It's about making good, smart choices in your everyday life.**

## 6 Ways to turn it around

**We simply use too much of everything.** Plastics, metals, gadgets, petrol, all of it. In Britain we use and waste three times as much in food and energy and pollution and all the rest each year as the Earth can cope with.

**Think before you buy, before you use:** Do I need this? Am I getting the most from it? Could someone else use it better?

**\*1\* Waste less:** don't buy things in pointless packaging • don't leave taps running, lights shining, things happening that don't do anyone any good.

**\*2\* Use less:** don't buy more than you can use • use exactly as much as you need.

**\*3\*** **Get more from what you use:** fix what's worn out or broken • give what you don't want to someone who needs it • sell, swap, share or donate the things you're not using • remember what you want is not the same as what you need.

**\*4\*** **Switch:** fashion to vintage • all-year-round to seasonal • new to second-hand • owning to borrowing • far-away to local • to energy companies, banks, shops and suppliers doing the right thing.

**\*5\*** **Be realistic and stop:** flying and driving just for fun • eating so much meat • voting for politicians who don't value our planet.

**\*6\*** **Take responsibility and start:** making more yourself of what you need • helping nature recover.



Whenever you buy something, think about *where* it came from, what *impact* it'll have while it's in your possession, and what you'll do with it *after* you're done.

## Feel inspired? Be inspiring!

**Get other people to think about what they're doing** – your small changes can make a huge difference if enough people take them up, so make yours and inspire others to do the same.



### *Around your neighbourhood*

**Get to know your neighbourhood**, nobody can know it as well as someone who lives there. Find out who's got what problems, what worries.

*Talk* about what you're doing about climate and nature and why every chance that you get.

**Show others how it's done.** Get things going where you live.

## At work

No matter where you work, you work *with* people, *for* people, linking up with *other* people – suppliers, customers, investors, inspectors... All work includes people you can talk to, people you can choose to work with – or not.

## In the world

What you do matters, and the more people you get on your side, the more effect you're having:

- Get your money talking – make organisations earn your cash.
- Start petitions – so when you say something to someone they know it's not just you.
- Start community groups – we'll help.
- Stand for things – a governor, a trustee – *get elected*.



## Join our #1000



We're asking *you*, we're asking *everyone*, to start by doing just one thing each to make our communities more sustainable. We're calling this *#aThousandActions*, and if everyone living or working around here does that one thing, then between us we'll have done *over five thousand*, and that'll make for an amazing start to the job ahead.

Tell us what you're doing on social media. **Do the things that are easiest for you to do.** Don't think you have to make the same changes everyone else is making – *everyone's life is different*. Do the things that make *your* personal biggest impact. And to do that, you need to know your own **carbon footprint**.

1, 2, 3, 4, 5, 6, 7, 8, 9, 10 tonnes or more of CO<sub>2</sub>?

## Just how big is my carbon footprint?

We all want to do the right thing, but what exactly is 'right'? Which are our best choices for making things better? How do I know what it is that I'm doing that I need to change?

Working out just where the carbon in our lives comes from is daunting. Luckily, some people enjoy the challenge, and we've a freesheet of carbon calculators you can try. Ask us for one.

There's ten different calculators. Some look more closely at your food, some at your travel, others at your energy. There's one specially for farmers. They all give you different insights on how best to change your life.



## Join your CAN

Because we want *everyone* locally lining up with us on this. The more that people join us, the better we'll be at making positive changes. If you like a friendly, *positive* group that tries to get things done (and eat some biscuits), find us *here*:

- [web] <https://minchcan.org/> • [email] [canminch@gmail.com](mailto:canminch@gmail.com) •
- [face] [@Minch-CAN](#) • [twit] [@CanMinch](#) • [insta] [@minch\\_can](#) •

And please join our [mailing list](#) to keep updated with all we're doing!